

ATTENTION CONTESTANTS

Please read EVERYTHING in this pamphlet, as there may be changes to dates and places where your events are being held!

Web Site

We have a new web site! The address is www.NLSG.org so please make this change in your computer.

T-Shirts

No T-shirts this year!

Bowling

All Star Lanes has increased their facility fees so we have no choice but to pass this increase along to you. All bowling events are now \$11.00 each.

Golf

The facility fee for Golf has increased to \$36.00 in addition to the basic entry fee of \$10.00. Lunch after the competition is an additional \$8.00 for a total of \$44.00 plus the basic entry fee (\$10.00).

Chess, Dominoes, Horseshoes, Track & Field
Opening Ceremony, Shuffleboard, Table Games

Due to lack of volunteers, these events will not be held this year.

Closing Ceremony/Celebration of Athletes Meal

We are pleased to announce that our meal for the Closing Ceremony will be as follows: Pulled Pork BBQ, BBQ Beans, Cole Slaw, assorted chips, dessert and assorted drinks.

THE NORTHWEST LA. SENIOR GAMES CONTESTANTS NEED TO KNOW:

Direct questions to Coordinator Duane Chilton, (318) 742-8867 or you may contact the event coordinator listed on the schedule page.

TO YOUR GOOD HEALTH: Louisiana Senior Games Inc., the sanctioning agency of our competition, strongly urges that all participants consult their physicians regarding their practice for and participation in this program.

ELIGIBILITY: This is an OPEN competition. Out-of-district and out-of-state entries are welcomed and encouraged. **Anyone who will be 50 years of age as of December 31, 2023 is eligible.** District competitors are those from Caddo, Bossier, Bienville, Claiborne, Webster, Desoto and Red River parishes.

AGE GROUPS: Age groups are 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89 and 90 and above. Whenever possible, we conform to these age groups, but we reserve the right to combine age brackets to ensure medals are won through competition or to meet scheduling demands. **Age group is determined by contestant's age as of December 31 of this year.** In team competition, including doubles events, age is determined by the youngest player.

FEES: Entry fee is \$10.00. Bowling is considered one event, no matter the number of subdivisions you enter within it. Bowling requires a \$11.00 facility fee each in Singles, Doubles and Mixed Doubles, 9-Pin No Tap, Team and Scotch Doubles. Additional facility and usage fees also apply in Miniature Golf (\$6.00), Golf (\$36.00 for greens fee and cart), in addition to the \$10 basic entry. The Celebration of Athletes has a \$10.00 fee for a participant who wishes to attend. Athletes' spouse (or guest) fee is also \$10.00 with a limit of one guest per competitor. Competitor's spouse is considered to be a guest. Reservations must be made by Friday, June 10. **Please note: FEES WILL NOT BE REFUNDED FOR ANY REASON!**

*** PLEASE READ REGISTRATION INFORMATION CAREFULLY! ***

REGISTRATION: This year Registration and Payment can be done online using a debit or credit card, saving a stamp and it's quicker, otherwise use the entry form in this publication or download the entry form from our website www.NLSG.org and return with all fees AND the signed release of liability **TO BE IN OUR HANDS BY THE ENTRY DEADLINE OF FRIDAY, April 1 or 10 DAYS PRIOR TO YOUR FIRST EVENT! In doubles bowling events and Team Bowling, player must choose own partner or teammates and names must be listed on entry form.** If an individual must pull out of a doubles event on the day of play, we will attempt to help find a suitable partner. We will not accept a doubles entry that does not list a partner. Team competition requires team captains to bring team roster for his or her team to competition.

QUALIFYING EVENTS: Athletes must qualify for state competition in Bowling Singles (top three scratch scores or age qualifying scores). Bowlers may qualify by reaching determined scoring levels. Golfers may qualify by finishing 1-2-3 or by meeting minimum scores (men 50-69 100 or less, 70-79 105 or less, 80-plus must complete round in four hours. Women 50-69 105 or less, 70-79 110 or less, 80-plus must complete round in four hours).

MEDALS: In qualifying events, the top three district athletes in each event and age group will be awarded medals and out-of-state or out-of-district athletes will be awarded duplicate medals based on their actual placement. District and out-of-district athletes may qualify for their state games through finish in our district. (Please check with your state association to be sure they recognize this). If only one athlete plays in an event, that athlete will be awarded a ribbon instead of a medal.

EQUIPMENT: Participants must supply own equipment in Golf and Marksmanship (.22 pistols and .22 rifles). You may bring your own table tennis paddle, subject to judges' acceptance.

TEAM SPORTS: Bean Bag Baseball teams must have a minimum of 8 players (maximum 15). Team Bowling requires four individuals, two males and two females or four females. Scotch Doubles bowling makeup is two females or a male and a female.

EVENTS: The Games schedule lists starting times for the various events. Participants should be ready for play at a minimum of 15 minutes before the listed time or at the specific time of registration if one is listed for an event. Game officials reserve the right to cancel or postpone any event due to inclement or threatening weather or unusual circumstances and to change an event to multiple days if registration warrants. Events may be cancelled if number of entries does not warrant them.

STATE GAMES: The LSG mailing address is 209 E. Shamrock, Pineville, LA 71360, (318)487-1561. LSG Website address: www.lsgol.net.

Good luck and good fortune.